

GET YOUR BOUFF-ON!

Join This is Eden performer and creator Emily Goddard as she shares some secrets of Le Jeu & Bouffon. This fun-filled workshop is designed to inspire new ways of approaching performance and theatre.

Wild, hilarious, powerful and provocative, Bouffon has been used across cultures for centuries. To unite, to ignite, to shout out and be heard. To give a voice to the voiceless, find light in the darkness and to rock, and mock, the status quo.

Bouffon, in short, is a style of 'grotesque satire' in which outcasts mock their oppressors. The mockery is designed to charm the audience while ruthlessly targeting and exposing the hypocrisy and injustices in the culture at large. Made famous in recent times through the Lecoq and Gaulier theatre schools, Bouffon training allows us to break free of inhibitions, unlock our childlike pleasure and build complicity and sensitivity with an audience.

Through exploring Bouffon and its techniques, actors can achieve increased spontaneity and courage and discover a profoundly greater physical presence and power on stage. This masterclass will explore the basic principles of:

- Playfulness and Le Jeu (the game)
- Complicity and ensemble work
- Body masks & the power of disguise
- Creating connection with the audience
- The techniques of parody

Numbers limited to 20 so get in quick



Jetty Theatre

Wed 3 Aug 6pm

Show & Workshop Bundle \$55

Workshop only \$20

Book @ jettytheatre.com

"Easily the most inspiring workshop I have ever attended.

Emily's teachings have had a profound impact on my work."

Carly Ford, Gladstone Park Secondary College

"Emily is an outstanding teacher, passionate about her work and the students were captivated. An invaluable workshop." Carey Saunders, Woodleigh School

Emily Goddard graduated from Ecole Philippe Gaulier, Paris in 2010, supported by the Ian Potter Cultural Trust and Empire Theatres Brian Boak Bursary. She has worked as a professional actor and theatre maker for the past decade across Australia and in the UK, for companies including MTC, Belvoir, Queensland Theatre, Malthouse and Red Stitch.

She has been nominated for three Green Room Awards for Outstanding Female Actor, most recently for This is Eden. She has taught Le Jeuand Bouffon for USQ, Melbourne University, Brave Studios, Drama Victoria, 16th Street, Empire Theatres, Hothouse Theatre, Collarts, The Monobox London and across Victorian secondary schools.

